

Number	Itinerary	Categories	Page
Fifty one	LIVERPOOL- MERSEY TRANSPORT	SHORT EASY. ASTOUNDING ARCHITECTURE, VIEWS, FERRY TRIP, UNDERGROUND TRIP, CITY TOUR BUS, and BRACING ESTUARY AIR. RAIL FARE: category four (all in).	1
Fifty two	LIVERPOOL-ALBERT DOCKS	SHORT EASY. FINE ARCHITECTURE, SHOPS, CAFES, PUBS, MUSEUM, ART GALLERY, VIEWS, BRACING ESTUARY AIR. RAIL FARE: category four.	3
Fifty three	TODMORDEN – PORTSMOUTH AND BACK	LONG. MODERATE (some steep stretches). COUNTRYSIDE, FINE VIEWS, HILLS, OLD INDUSTRY, PUB, ARCHITECTURE RAIL FARE: category two.	5
Fifty four	LITTLEBOROUGH – PENNINE WAY	LONG. DIFFICULT - with steep rough paths. COUNTRYSIDE, FINE VIEWS, ROMAN ROAD, MOORLAND, PUBS, ARCHITECTURE RAIL FARE: category two.	7
Fifty five	MARSDEN – OVER THE MOORS	LONG. DIFFICULT - with steep rough paths. COUNTRYSIDE, FINE VIEWS, RESERVOIRS, MOORLAND, PUBS, ARCHITECTURE RAIL FARE: category three.	9
Fifty six	TODMORDEN – HEBDEN BRIDGE (via Jack Bridge)	LONG. MODERATE. Easy underfoot (but with some steep bits of road). COUNTRYSIDE, FINE VIEWS, PUBS, WOODLAND, OLD INDUSTRY, CANAL, RAIL FARE: category three.	11
Fifty seven	HEBDEN BRIDGE – CALLIS VALE & HEPTONSTALL	MEDIUM LENGTH. DIFFICULT. (There are some steep roads, steep steps, and a rocky edge). COUNTRYSIDE, FINE VIEWS, PUBS, WOODLAND, OLD INDUSTRY, CANAL, WATERFALLS, RUINS, CAFES etc... RAIL FARE: category three.	13
Fifty eight	MARSDEN – TUNNEL ENTRANCE	SHORT, EASY COUNTRYSIDE, VIEWS INDUSTRIAL HISTORY, CANAL, PUBS, and CAFE. RAIL FARE: category three.	16
Fifty nine	ST HELENS – WORLD OF GLASS MUSEUM	SHORT, EASY INDUSTRIAL HISTORY, MODERN MUSEUM, SHOPS, CANAL, PUBS, and CAFES. RAIL FARE: category three. TOTAL COST: category four (for one adult, without refreshments, but including the museum admission charge).	18
Sixty	SOWERBY BRIDGE – through the CAMRA lens.	SHORT, EASY PUBS and FOOD. STONE PENNINE TOWN. RAIL FARE: category three.	20
Sixty one	LEEDS – MARKETS & ARCADES	SHORT, EASY VARIED SHOPPING, PUBS, CAFES, FOOD & ARCHITECTURE. RAIL FARE: category four	22
Sixty two	YORK – NATIONAL RAILWAY MUSEUM	SHORT, EASY A VAST MUSEUM, PLENTY OF REFRESHMENT OPPORTUNITIES ARCHITECTURE. RAIL FARE: category six	24
Sixty three	GREENFIELD – DOBCROSS & UPPERMILL	SHORT, EASY COUNTRYSIDE, VIEWS, PUBS, CAFES, SHOPS, FOOD, MUSEUM, CANAL, ARCHITECTURE RAIL FARE: category one	26
Sixty four	LLANDUDNO JUNCTION – CONWY (bridges, castle and quay)	MEDIUM, EASY VIEWS, PUB, CAFES, CASTLE, RIVER, CIVIL ENGINEERING, ARCHITECTURE RAIL FARE: category seven	28
Sixty five	BROMLEY CROSS – JUMBLES RESERVOIR	A MEDIUM LENGTH WALK. EASY. COUNTRYSIDE, VIEWS, PICNIC SPOTS, CAFE, PUB. RAIL FARE: category one	30
Sixty six	LLANDUDNO JUNCTION – CONWY (WALLS AND TOWN)	MEDIUM, MODERATE (steps and steep bits on the walls) VIEWS, PUBS, CAFES, CASTLE, RIVER, CIVIL ENGINEERING, ARCHITECTURE, HISTORIC BUILDINGS, SHOPS, COAST RAIL FARE: category seven	31

Sixty seven	GREENFIELD - UPPERMILL	SHORT, A DODDLE COUNTRYSIDE, PUBS, CAFES, SHOPS, FOOD, MUSEUM, CANAL, ARCHITECTURE RAIL FARE: category one	34
Sixty eight	MACCLESFIELD – MARKET & SHOPS	SHORT, EASY (One steep bit.) MARKETS, PUBS, CAFES, SHOPS, FOOD, ARCHITECTURE RAIL FARE: category two	36
Sixty nine	ENTWISTLE – RESERVOIR CIRCUIT	SHORT. EASY – can be slightly muddy after wet weather. COUNTRYSIDE, WOODLAND, VIEWS, WATER, PICNIC SPOTS, PUB. RAIL FARE: category two	38
Seventy	WIGAN – TOWN, MARKET & SHOPS	SHORT, EASY MARKETS, PUBS, CAFES, SHOPS, FOOD, ARCHITECTURE RAIL FARE: category one	40
Seventy one	PORT SUNLIGHT – GARDEN VILLAGE & LADY LEVER ART GALLERY	SHORT EASY ARCHITECTURE, HISTORY, MUSEUM, ART GALLERY, CAFES, PUB, GARDEN CENTRE, SHOPS. RAIL FARE: category four	42
Seventy two	MACCLESFIELD – PARADISE MILL	SHORT, EASY (ONE STEEP BIT) MUSEUMS, INDUSTRY, PUBS, CAFES, SHOPS, FOOD, ARCHITECTURE. RAIL FARE: category two	45
Seventy three	STOCKPORT – MORE GOOD THINGS	EASY, SHORT SHOPS, MARKETS, ARCHITECTURE, PUBS, MUSEUM, CAFES. RAIL FARE – category one	47
Seventy four	SHEFFIELD – CIVIC CENTRE & SHOPS	SHORT, EASY. MUSEUMS, CATHEDRALS, GARDENS, ARCHITECTURE, PUBS, CAFES, SHOPS, MARKET. RAIL FARE: category four	50
Seventy five	ELLESMERE PORT – NATIONAL WATERWAYS MUSEUM	SHORT EASY ARCHITECTURE, HISTORY, CANALS, VIEW, MUSEUM, CAFE. RAIL FARE: category four	53
Seventy six	FRODSHAM - VILLAGE	SHORT EASY. ARCHITECTURE, VIEWS, MANY PUBS, CAFES, SHOPS, PARK, RAIL FARE: category three.	55
Seventy seven	BIRKENHEAD HAMILTON SQUARE – A REALLY GREAT DAY OUT!	SHORT EASY ARCHITECTURE, HISTORY, VIEWS, TRANSPORT, RIVER, INDUSTRY, MUSEUM, PUB. RAIL FARE: category four	57
Seventy eight	FRODSHAM – FRODSHAM HILL	SHORT MODERATE (steep steps) WOODLAND, VIEWS, HILLS, PUBS, CAFES. RAIL FARE: category three.	60
Seventy nine	WILMSLOW – STYAL - HANDFORTH	MEDIUM LENGTH, EASY. MUSEUMS, COUNTRYSIDE, RIVER, PUBS, CAFE, FOOD, ARCHITECTURE RAIL FARE: category two	62
Eighty	BROADBOTTOM – MARPLE (via Etherow Country Park)	MEDIUM LENGTH, MODERATE. MUSEUMS, COUNTRYSIDE, RIVER, PUBS, CAFE, FOOD, ARCHITECTURE RAIL FARE: category one	64
Eighty one	FRODSHAM – A WEAVER WANDER	MEDIUM LENGTH EASY (some muddy patches in wet weather). ARCHITECTURE, VIEWS, PUBS, CAFES, COUNTRYSIDE, RIVER, RAIL FARE: category three.	67
Eighty two	MARPLE-STRINES-NEW MILLS	STAGE I: SHORT EASY STAGE II: SHORT MODERATE (one long climb). COUNTRYSIDE, RIVER, PUBS, CAFE, VIEWS, WOODLAND RAIL FARE: category one	69
Eighty three	ROMILEY - MARPLE	MEDIUM LENGTH MODERATE. COUNTRYSIDE, VIEWS, CANAL, CAFES, PUB. RAIL FARE: category one	71
Eighty four	MARPLE – WATERWAYS CIRCULAR	SHORT MODERATE (a very muddy stretch in wet weather) COUNTRYSIDE, CANAL, RIVER, PUBS, CAFE, VIEWS, WOODLAND RAIL FARE: category one	73

Eighty five	YORK – FAR TOO MUCH TO SEE AND DO!	MEDIUM MODERATE (a lot of steps) WALLS, VIEWS, RIVER, BOAT TRIPS, CASTLE, MUSEUMS, ARCHITECTURE, SHOPS CAFES, PUBS, MINSTER, GARDENS, RAIL FARE: category six	75
Eighty six	MARPLE – WATERWAYS TO NEW MILLS	MEDIUM MODERATE COUNTRYSIDE, CANAL, RIVER, VIEWS, WOODLAND RAIL FARE: category two	79
Eighty seven	LIVERPOOL – HOPE STREET STROLL	MEDIUM EASY. FINE ARCHITECTURE, CAFES, PUBS, CATHEDRALS, VIEWS. RAIL FARE: category three.	81
Eighty eight	RUNCORN EAST – CASTLE & PRIORY	MEDIUM length EASY (Grass in parkland could be Wet after rain) COUNTRYSIDE, CANAL, MUSEUM, CASTLE, PUB, CAFE, VIEWS, WOODLAND, GARDENS. RAIL FARE: category three	85
Eighty nine	LIVERPOOL – ONE FOR SHOPPING	MEDIUM EASY. ASTOUNDING ARCHITECTURE, SHOPS, SHOPS, CAFES, BARS, SHOPS, PUBS, ART CENTRE, MORE SHOPS. RAIL FARE: category three.	88
Ninety	DISLEY – LYME PARK	MEDIUM MODERATE (one steep bit and some rough tracks). COUNTRYSIDE, COUNTRY HOUSE, VIEWS, WOODLAND, CAFES, PUBS. RAIL FARE: category two	91
Ninety one	MARPLE – COMPSTALL (Waterways stroll).	MEDIUM LENGTH, VERY EASY. COUNTRYSIDE, RIVER, PUBS, CAFE, FOOD, LAKES, CANAL, WILDLIFE, & INDUSTRIAL ARCHAEOLOGY. RAIL FARE: category one	93
Ninety two	BROAD GREEN – COURT HEY PARK & WILD FLOWERS	MEDIUM VERY EASY. PARKLAND, WILDFLOWERS, CAFE, SHOP, LOCAL HISTORY. RAIL FARE: category three.	96
Ninety three	BROADBOTTOM – COOMBES ROCKS & COWN EDGE	QUITE LONG, DIFFICULT. COUNTRYSIDE, RIVER, VIEWS, PUBS, CAFES, ARCHITECTURE RAIL FARE: category one	98
Ninety four	BUXTON – AQUAE ARNEMETIAE	MEDIUM EASY PARKS, RIVERS, LAKES, GARDENS, ARCHITECTURE, MUSEUM & GALLERY, VIEWS, SHOPS, CAFES, PUBS, SUPERMARKETS, SPA. RAIL FARE: category three	101
Ninety five	BUXTON – SOLOMON'S TEMPLE & POOLE'S CAVERN	MEDIUM MODERATE PARKS, WOODLAND, COUNTRYSIDE, VIEWS, CAFE, CAVE. RAIL FARE: category three	104
Ninety six	WHALEY BRIDGE – TAXAL & BUGSWORTH BASIN	MEDIUM MODERATE RIVERS, CANAL, COUNTRYSIDE, INDUSTRIAL HISTORY, VIEWS, CAFES, PUBS, SUPERMARKET, RAIL FARE: category two	107
Ninety seven	CLITHEROE – TOWN & CASTLE	SHORT. EASY. COUNTRYSIDE, CASTLE, GALLERY, MUSEUM, VIEWS, CAFES, PUBS. RAIL FARE: category three	110
Ninety eight	STAFFORD – A VERY PLEASANT CHANGE	SHORT. EASY. ARCHITECTURE, GALLERY, CHURCHES, MUSEUM, CAFES, PUBS, SHOPS. RAIL FARE: category five	113
Ninety nine	LEEDS – COMMERCE & CIVIC PRIDE	SHORT, EASY PUBS, CAFES, ARCHITECTURE, ART GALLERIES, MUSEUM RAIL FARE: category four	116
One hundred	SHREWSBURY – TOWN TRAIL	MEDIUM MODERATE. WALLS, VIEWS, RIVER, BOAT TRIPS, CASTLE, MUSEUM, ARCHITECTURE, SHOPS, CAFES, PUBS, ABBEY, GARDENS, RAIL FARE: category five	119

TIMETABLE & FARE INFORMATION.

Eccles station is manned Monday to Saturday until 13.30. There are also timetable sheets on display just along from the booking office. Always check train times and connection times before going. At the ticket office you can get a printed journey plan on request.

Trains are currently hourly in both directions taking 10mins approx. to Manchester and 57mins to Liverpool Lime Street for example.

National rail enquiries (24 hour) tel. 08457 48 49 50 or www.nationalrail.co.uk

Northern rail enquiries tel. 08450 000 125 or www.northernrail.org

GMPTC public transport information tel. 0871 200 22 33. The service is 07.00 – 20.00 Monday to Friday and 08.00 – 20.00 Saturday, Sunday and public holidays. Or go on the web: gmpte.com.

TICKETS.

Eccles station ticket office is manned Monday to Saturday until 13.30.

Outside these times book on the train or at your destination.

Tickets may be obtained online at nationalrail.co.uk these are then sent by post.

The price categories quoted for each trip are based on the price of a Greater Manchester Rail Ranger. (This stands at £4.00 in July 2008). The categories are based on full normal cheap day return or saver fares. It is often possible to buy cheaper tickets by advanced booking, use of a railcard, pensioner pass, or using cheap evening tickets.

For group-travel discounts (usually 10 or more people) ring Northern Rail directly to make your booking.

PENSIONERS PLEASE NOTE:

At the time of publication **the pensioner's travel pass does not allow free or concessionary RAIL travel outside the Greater Manchester boundary.**

The limits of its validity are the same as for the day ranger ticket and are given below.

BOUNDARIES FOR GM DAY RANGER TICKET & PENSION CONCESSION.

LINE	VALID AS FAR AS
Liverpool via Warrington Central	Glazebrook
Liverpool via Newton le Willows	Patricroft
Liverpool via Wigan NW & St Helens	Bryn
Preston via Wigan NW	Wigan NW
Kirkby	Orrell
Southport	Appley Bridge
Preston via Chorley	Blackrod
Blackburn	Bromley Cross
Leeds via Rochdale	Littleborough
Oldham & Rochdale loop	All stations
Leeds via Huddersfield	Greenfield
Hadfield	Hadfield
Rose Hill	Rose Hill
Marple	Marple
Sheffield via Marple	Strines
Buxton	Middlewood
Macclesfield	Bramhall
Crewe	Cheadle Hulme
Chester via Altrincham	Hale

Airport	Manchester Airport
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DISABLED TRAVELLERS.

Disabled travellers should contact Northern Rail on 08456 008 008 or e-mail 'assistance@northernrail.org'.
Textphone 08456 045 608.

The platforms at Eccles Station are reached by long flights of stairs only.

Some mobility-impaired travellers might find these difficult or impossible to negotiate.

Arrangements will be made for your travel if you contact Northern as above. Please give 48 hours notice of your needs.

Those with slight mobility impairment should read the trips carefully and make their own judgement – I have tried to mention all steps and steep slopes, and you know your own capabilities better than anyone.

Apart from this problem some of the walks are by their very nature not suitable for those who must use a wheel chair or mobility scooter. I suggest you examine the following trips as possibilities:-

Fifty one	fifty two	fifty eight	fifty nine	sixty	sixty one
sixty two	sixty seven	sixty eight	seventy	seventy one	seventy two
seventy three	seventy four	seventy five	seventy seven	eighty seven	eighty nine
ninety two	ninety four	ninety seven	ninety eight	ninety nine	one hundred

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Copies of the individual walks can be downloaded free of charge from the FRECCLES Website.

CLASSIFICATIONS:

For challenge of walk once arrived at destination DODDLE, EASY, MODERATE, DIFFICULT, HARD.

For length of walk once arrived at destination: DODDLE, SHORT, MEDIUM, QUITE LONG, LONG.

These are subjective – based on my own feelings about them. Judge them according to your own capabilities.

ABOUT FRECCLES:

Freccles is short for 'The Friends of Eccles Station' – a group of volunteers working to improve the railway station, its image, its services, and its usage. To do this we work with Northern Rail, Greater Manchester Passenger Transport Executive, Network Rail, Salford City Council.

The group was founded by a small number of local residents who met at the station on September 15th 2005. (This date was the 175th anniversary of the official opening of the station on The Liverpool & Manchester Railway in 1830).

Freccles has since grown very successfully into an active group of campaigners, gardeners and station tidiers and has managed to attract over £7000 of extra funding for the station to date. Already the station is looking significantly better than the neglected state it had been left in since the early nineteen seventies' arson attack. The next stage is to improve the car park and forecourt area to make the station more welcoming and prominent – this will be somewhat costlier of course.

JOINING FRECCLES.

If you live locally why not join Freccles? It's enjoyable and fulfilling work, whatever your skills and interests. We meet regularly at the station at 11.00 in the first Sunday of each month, and irregularly at each others' homes as required.

To join please see our Website: www.freccles.org.uk.

Or write to 'Freccles', c/o 2 Alma Street, Eccles, Manchester M30.